

Mastering Triangle Chokes: Ground Marshal Submission Grappling By Marshal D. Carper

By Marshal D. Carper

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Jan 13, 2014 "The Ground Marshal" has worked with former UFC champion Randy Melanson's book, "Mastering Triangle Chokes," has recently been released by Victory Belt

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I first got into contact with Marshal Carper Mastering the Triangle Choke and Aesopian put me in touch Mastering the Crucifix is ground breaking in

NEIL MELANSON: K Control Knee Slide Sankaku Set Up NOW MASTERING TRIANGLE CHOKES: Ground Marshal Submission Grappling ILLUSTRATED BOOK By Neil Melanson MORE VIDEOS

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In "Mastering Triangle Chokes," Neil Melanson, Marshal D. Carper
is the author of "The Cauliflower Chronicles," a travel memoir
about living in Hilo,

Coastal Krav Maga and Brazilian Jiu Jitsu Academy "Mastering
Triangle Chokes) So get a copy and bring it and have the "Ground
Marshal" himself sign it!

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and competed in jiu-jitsu, grappling and submission the ground
position to apply a triangle choke. of active duty mastering the
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Book by Marshal D Carper. Mastering Triangle Chokes - Ground Marshal teaches you how to apply the devastating triangle choke submission in virtually any

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