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By Dave Asprey

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<http://www.booksamillion.com/p/Bulletproof-Diet/Dave-Asprey/9781623365189>

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Dave Asprey is an American entrepreneur, businessman, Bulletproof Diet . The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus,

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Feb 14, 2015 According to Dave Asprey, The book The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life retails for \$26.99.

<http://blog.foodnetwork.com/healthyeats/2015/02/15/diet-101-the-bulletproof-diet/>

Bulletproof Diet: Lose up to a Pound a Day, Reclaim Your Energy and Focus, The Bulletproof Diet will change what you think you know about weight loss and wellness.

<http://www.audiobooks.com/audiobook/bulletproof-diet-lose-up-to-a-pound-a-day-reclaim-your-energy-and-focus-and-upgrade-your-life/224263>

The bulletproof diet : lose up to a pound a day, reclaim energy and focus, and upgrade your life. Dave Asprey was a successful Silicon Valley multimillionaire.

<http://www.worldcat.org/title/bulletproof-diet-lose-up-to-a-pound-a-day-reclaim-energy-and-focus-and-upgrade-your-life/oclc/895500979>

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<http://exerciseballscenter.com/exerciseballs/detail/the-bulletproof-diet-lose-up-to-a-pound-a-day-recl-162336518X>

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<http://www.amazon.co.uk/Bulletproof-Cookbook-Recipes-Reclaim-Upgrade/dp/1623366038>

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<http://www.womenshealthmag.com/weight-loss/bulletproof-recipes>

Before developing the Bulletproof Diet, Dave Asprey was a successful The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life

<http://www.everydiet.org/diet/bulletproof-diet>

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<https://www.bulletproofexec.com/rapid-fat-loss-protocol/>

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Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life, by Asprey, co-authored with his wife Lana Asprey; The Bulletproof Diet (2014) See also

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