

The Bulletproof Diet: Lose Up To A Pound A Day, Reclaim Energy And Focus, Upgrade Your Life By Dave Asprey

By Dave Asprey

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Dave Asprey is an American entrepreneur, businessman, Bulletproof Diet . The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus,
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http://en.wikipedia.org/wiki/Bulletproof_diet

Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life, by Asprey, co-authored with his wife Lana Asprey; The Bulletproof Diet (2014) See also

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Dave Asprey. Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life. The Bulletproof Diet (2014) shows you how to hack your body to <https://www.blinkist.com/en/share/blinks/bulletproof-diet-en/>

The Bulletproof Diet. Lose Up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life. By Dave Asprey; J. J. Virgin (Foreword by) (Rodale Press, Hardcover) <http://www.indiebound.org/book/9781623365189>

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Feb 14, 2015 According to Dave Asprey, The book The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life retails for \$26.99. <http://blog.foodnetwork.com/healthyeats/2015/02/15/diet-101-the-bulletproof-diet/>

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