

The Coach's Mind Manual: Enhancing Coaching Practice With Neuroscience, Psychology And Mindfulness By Syed Azmatullah

By Syed Azmatullah

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The Coach's Mind Manual provide an accessible framework to help coaches and leadership development specialists improve their awareness of the mind, enhancing

The Coach's Mind Manual combines the latest findings from neuroscience, psychology, and mindfulness of the mind, enhancing their coaching practice. Syed

Clinical Psychology & Psychotherapy, Vol 21(1), Jan-Feb 2014, 39-48 doi: Abstract; References; Cited by 1; 4.

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